



| BREACH Spring Meeting 16-05-25

HIV and Primary Care: Another Chronic Condition

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Conflict of interest statement

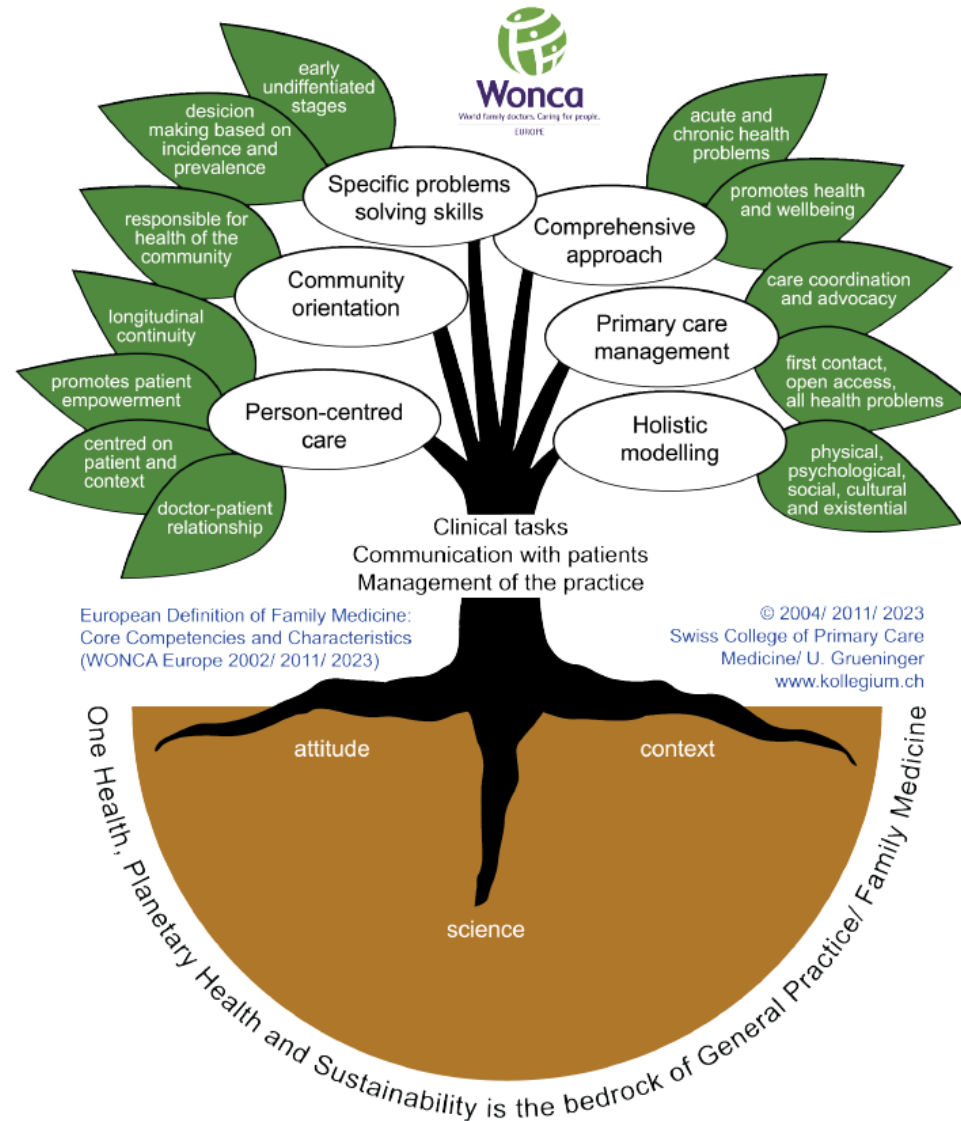
- General practitioner advocate (FAMGB, CMG)
- LGBTQ+ friendly health professional



- No other conflict of interest

Primary Care and General Practice

- Long term therapeutic relationship
- Health care continuity
- Multimorbidity management
- Multi-professionnal management
- Consistency
- Quality of life and survival
- Patient-Public-health interface



Chronic condition: a preventive approach



Primary prevention

Interventions to avoid the disease



Secondary prevention

Early detection of the disease



Tertiary prevention

Reduction of harm link to the disease



Quaternary prevention

Avoiding iatrogenic adverse events

Primary prevention

The most cost-effective health intervention

- Behavioural interventions
- Toxic avoidance
- Risk reduction
- Social and societal approach

Recreative drug use

- Avoidance or cessation
- Product testing
- Education and information
- appropriate material
- Access to care
- Destigmatization

Secondary prevention

Early detection

- Increased chance to cure
- Limiting complication risk
- Reducing care cost and intensity

ADHD:

- Psycho-education
- Effective treatment
- Reducing impulsivity
- Limiting complication

Tertiary prevention

After disease onset:

- Traitement
- Patient education
- Rehabilitation
- Compliance
- Preventing complication

Diabetes:

- Dietary counselling
- Lifestyle intervention
- Understanding the disease
- Controlling sugar level

Quaternary prevention

Primum non nocere:

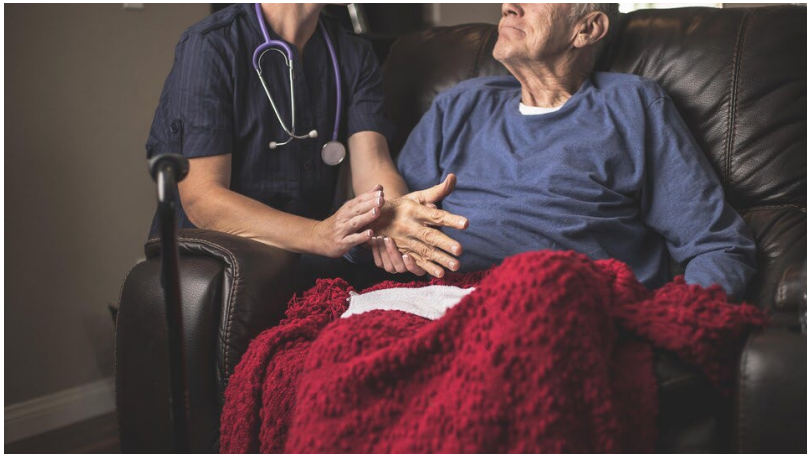
- Traitement
- Patient education
- Rehabilitation
- Compliance
- Preventing complication

Chronic Kidney Disease:

- Avoiding nephrotoxicity
- Adapting medicine dosage
- Monitoring side effects
- De-escalation of care

Primary Care: Team working

- Nurses
 - Psychologist
 - Physiotherapist
 - Dietetician
 - Podologist
 - Social Worker
 - Caregiver
 - Patient
 - ...
-
- Specialized health care and second line



What about HIV?

- Behind each example is an HIV+ patient

Primary Prevention

- PrEP, TPE
- Condom
- Risk reduction

Secondary prevention

- Screening
- Destigmatization
- Population health literacy

Tertiary prevention

- Tritherapy
- Monitoring
- Comorbidité (CKD, osteoporosis, cardiovascular health, etc.)

Quaternary prevention

- Drug interactions
- « Demedicalization »
- Goal oriented & patient-centered care

Take home message

- Trust needs time
 - ✓ For the patient
 - ✓ For the professionnels
- Communication is a key stone
 - ✓ To collaborate
 - ✓ To prevent
- Patient exist outside the hospital
 - ✓ Limit of the hospital centered paradigm
 - ✓ Patient-centered care involve primary care
- Maintain consistency in care

Any Question?



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