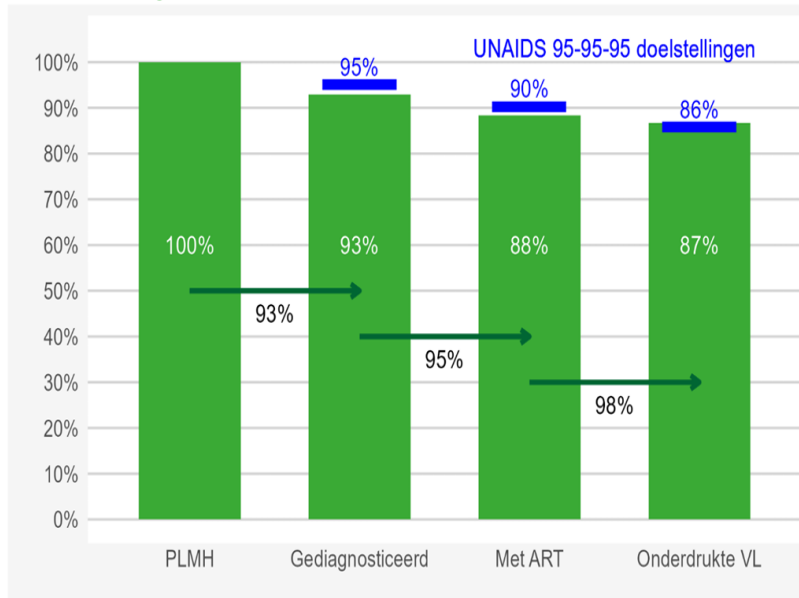# INSTITUTE OF TROPICAL MEDICINE ANTWERP

How to address the 4th 90 goal: an update on the implementation of Quality Of Life Patient Related Outcome Measures (PROM)

On behalf of the Breach working group

Wim Vanden Berghe, ITM, Antwerp
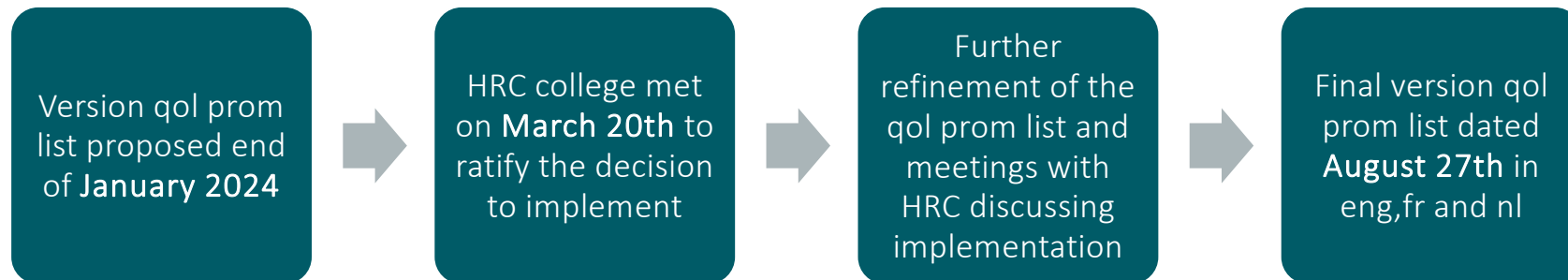Breach symposium 28/11/2024, Brussels

Background

Figuur 44: Continuüm van de zorg voor de mensen die met hiv leven in België en de vergelijking met de 2025 doelstellingen van UNAIDS, 2023

- HIV care continuum : "beyond viral suppression", QoL as a transversal concept
- National HIV plan (2020-2026) : specific quality of life for plhiv objectives
- Reference to quality of life patient related outcome measures (prom) in the current NIHDI-HRC convention
- Prom : a means to comprehensively assess care outcomes and take into account the subjective experience of patients
- Breach working group installed by the HRC college : UZ Gent, ITM Antwerp, Jessa Hasselt, Sciensano

Breach working group : HRC qol prom development timeline

Version qol prom list proposed end of **January 2024**

HRC college met on **March 20th** to ratify the decision to implement

Further refinement of the qol prom list and meetings with HRC discussing implementation

Final version qol prom list dated **August 27th** in eng,fr and nl

Quality of life prom at HRC version 27/08/2024

I Health and Quality of Life	II Psychosocial health and support	III Health behaviour
Wellbeing/QoL	Acceptance of HIV status	Smoking
Depression	Adherence to therapy	Drinking alcohol
Sleep	Stigma	Drug use
Sexual satisfaction	Discrimination	
Subjective health	Self-stigma	
Physical health related to HIV	Support	
Cognition	Financial situation	

Qol prom implementation at HRC

➤ Implementation principles:

    ✓ Frequency: yearly (longitudinal follow-up)

    ✓ Different data collection systems are used (EPD integrated, Redcap,...)

    ✓ The qol prom list will be translated in other languages

    ✓ 2025 will be a pilot year :

        • sharing and evaluating first experiences

        • tailoring prom setup to reach harder to reach populations

        • first data analysis

Qol prom implementation at HRC

➢ UZ Gent :

  ✓ In preparation

  ✓ Projected start date December 2024

➢ ITM Antwerp :

  ✓ In preparation

  ✓ Protocol submitted to internal review board

  ✓ Projected start date January 2025

➢ Jessa Hasselt :

  ✓ In preparation

  ✓ Projected start date December 2024

Please feel free to contact any of us for the latest versions of the qol prom list or to discuss implementation!

Thank you!

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