# Acces to PrEP for vulnerable populations

**BREACH 2024** 

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## Meet and greet



# CB organizations for sex workers Wide access to healthcare Low-threshold care, anonymous, free, non-judgmental Outreaching



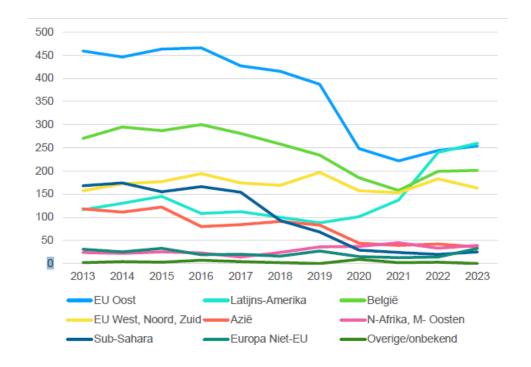
# Meet and greet: when sex is your job



Sex workers Gender
Age
Nationality
Mobile
Fast-changing

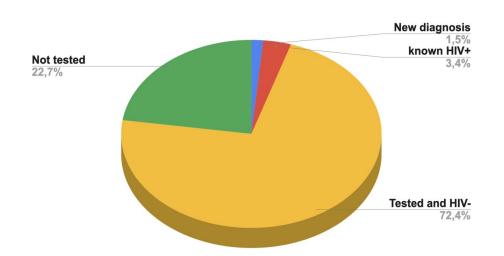
Sex work Any sexual service in exchange for ...

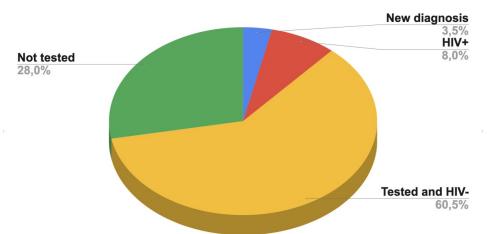
Money
Gifts
Basic needs
Documents



# Violett Antwerp HIV testing 2023







Total sex workers n=1011
Prevalence 3,4%
Incidence 1,5%

Male sex workers n= 298
Prevalence 8%
Incidence 3,5%

# PrEP: priority populations



- 7.7% higher among MSM
- 3% higher among sex workers
  - 5% higher among PWID
- 9.2% higher among transgender people

Source: UNAIDS

Accumulation of risks

No income is not an option



# Acces to PrEP: Why is it so hard?



#### Awareness

What, why, where, how Actively inform

#### Structural

Low-threshold access

#### Medication

Is it good for me?
Customised information

#### Socio-cultural

Language, stigma
Open minded approach



#### **Behavioural**

Own risk, chems
Motivation

### Acces to PrEP: .. and even harder ...



Vulnerable situations
Income, Housing, Basic needs
Substance use, Mental health issues
Social isolation

Consider lower priority

Lack of information
Limited acces
Poor awareness
Communication

Tailored approach

Financial resources and access to health insurance

Limited
36% medical insurance
4% Fedasil or UMC
60% uninsured

Opportunities

# Access to PrEP: speed up the pace



2019-2024
Violett PrEP project
uninsured sex workers
2023 n=51
Free samples/prescriptions

Future project CBO Sex workers

low-threshold access

decentralized approach

cooperation





#### Alias.brussels

#### Access to treatment for vulnerable populations

-Objective: not 'how to help sex workers' but: how to tackle obstacles in access to health, intersectionnalities, taboos, discrimination,...

Alias Brussels 62

#### **Cause and effect...**

- Epidemiology (Alias prevalence HIV of 15-25%)
- Every week we see a person without access to ARV, and several people without access to PrEP (always accumulation of fragilities)
- +- 100% of our population needs ARV or PrEP
- When the project stops...
- Importance of collaboration and multidisciplinarity: CBOs working with partners, HRCs and RIZIV/gouvernment

#### The cost-effectiveness of interventions

#### **PrEP- project**

- -chronology and implementation of the project
- -avoiding costs of social work
- -avoiding ARV-treatment
- -avoiding costs of new infections (from persons who take a lot of risks)

#### The future?

- -What about populations **not** coming to Violett or Alias?
- -Inspiration for more efficient ARV-treatment/PEP?
- →public health and cost-effectiveness approach

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