

Results from the FemiPrEP project: The construction of pre-exposure prophylaxis (PrEP) by prevention actors as a tool, or not, for African migrant women.

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## Women and PrEP (FemiPrEP)

**Action research:** the AIDS and Sexuality Observatory (OSS) and the AIDS Prevention Platform (APP)

## **Objectives:**

**Research:** to better understand what facilitates or hinders the uptake of PrEP among women and in particular migrant women from sub-Saharan Africa.

**Prevention:** to facilitate access and uptake of PrEP among women of African descent for all actors in the sexual health promotion sector

## In line with a body of research:

Van Beckhoven et al, 2015; Alvarez-del Arco et al, 2017; Loos et al, 2016; Loos et al, 2017; Hadj et al, 2017; Deblonde et al, 2019; Carillon et Gosselin, 2020; Buffel et al, 2021; Young, 2021; Young et al, 2021 ...

**Starting point:** Paradox of not uptake/non access of PrEP by a priority group/ one of the two "key population"

## **Priority population:**

- Epidemiological category: heterosexuals from Sub-Saharan Africa (Sciensano)
- HIV National plan: "migrants defined as a priority group" along MSM (2014-19), "(undocumented) migrants priority target groups" (2020-26).
- Concerted strategies : e.g. "cadre de référence 2018-2022", Brussel
- Beyond the numbers: Continuity over time, Intersection of vulnerabilities, cross-discriminations

#### **Ambivalent offer:**

- (documented and, or undocumented) Sub-Saharan African migrants not included in INAMI eligibility criteria for PrEP.
- AMU for undocumented people yet unclear criteria and effective refusals.
- Since 2017: focus of PrEP promotion towards MSM.

# FemiPrEP research- project

**Period**: 2021-27

## 5 work packages (WP)

WP1) the point of view of African women on this tool;

WP2) the point of view of sexual health promotion associations on the non-use of PrEP by African women;

WP3) the experiences of women (of African descent or not) who use PrEP;

WP4) the point of view of those who deliver PrEP on the reasons why women do not use it;

WP5) attitudes and practices of gynaecologists towards PrEP.

# The point of view of sexual health promotion associations on the non-uptake of PrEP by African women (WP2)

**Question:** how do prevention actors/associations navigate with the ambivalent offer of PrEP for African women and women of African descent?

## Methodology:

- Two groups: 1: Sexual health promotion and 2) women health and, or migrants health organisation
- Semi-structured interviews
- Thematic analysis

**Period**: 2021 (May)- 22 (June)

**Population**: more than 30 organisations/ **3 regions**: Brussels, Wallonia, Flanders

**Results**: 1st group

Ignorance of PrEP by African women: shared vision

#### The radical cultural difference:

- Ability to understand how PrEP works.
- Lack of prior knowledge and sexual education of the population
- Cultural taboo of sexuality
- Lack of time for prevention workers
  - ➤ Unability of the population to deal with the daily management of treatment
  - > Impossible or "dangerous" to give the information on PrEP

## The legal limitation to PrEP

- Undocumented uninsured population
- Uncertainty about the access (INAMI, AMU)
- Cost of PrEP
- Other material priorities
- Complicated follow-up due to accomodation conditions
  - > "Tool eventually not available"
  - > "Do not create an offer that cannot be met"

## The (bio)medicalisation of PrEP

- HCR: proximity with HIV and HIV stigma
- Complicated pathway to get PrEP: appointment, repetitive follow-up...
- Discussion on sexuality and risk to assess the need of the PrEP
- Eligibility criteria : experience of refusal?
  - > Discouraging pathway and device
  - ➤ Appropriate for heterosexuals African migrants

## The privation of right

- Women don't get the information
- Right to information about PrEP:
- Right to get a lobby for this specific population (access for undocumented uninsured people)
  - ➤ Changing representation of the population (e.g. focus on sexuality as a taboo...)
  - ➤ Changing conceptions and practices related to PrEP promotion

#### **Results-discussion**

#### **Research:**

- Divergent representations and practices: uncertainty/blurring of this population as a « priority ».
  - Unability to understand and handle PrEP versus right to information
  - Legal limitations versus right to advocacy

#### **Prevention:**

- Identifying groups: sub-groups of women
- Place of the population needs and mobilisation in associations and networks: e.g. migrant women in PrEP? etc.
- How we talk about it?
- What tools: general versus specific?